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DIVISION OF GERIATRIC MEDICINE  
DEPARTMENT OF MEDICINE

Issue 3  
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# GERIATRIC MEDICINE

at the University of Toronto



## Dr. Barry Goldlist Receives Prestigious Award at CGS Conference

At this year's Canadian Geriatrics Society (CGS) Conference, hosted April 14-16 in Vancouver, **Dr. Barry Goldlist** was honoured for his ongoing contributions to advancing geriatric medicine in Canada and received the Ronald Cape Distinguished Service Award.

Throughout his career to date, Dr. Goldlist has helped to champion developments in geriatrics and is a tireless advocate for seniors.

Since lending his skills to the preliminary planning sessions that preceded the formation of CGS, where he first met the award's namesake Dr. Ronald Cape, Goldlist has continued to be a respected fixture at the society's conference, missing only one annual meeting due to a direct conflict with a family wedding. He would next cross paths

with Dr. Cape who was the chief examiner when Dr. Goldlist became the eighth person to receive a

certificate of special competence in geriatrics from the Royal College of Physicians and Surgeons of Canada (RCPSC).

In his acceptance speech, Goldlist provided some insight as to the value of elder care in our society, noting that "society owes a duty of care to our older citizens... as individual[s], and as a society, [we] benefit greatly from the older people in our midst". He also



Dr. Barry Goldlist, recipient of the CGS Ronald Cape Distinguished Service Award

## AGS Awards Dr. Gary Naglie with "Best International Poster"

The American Geriatrics Society recently hosted their Annual Scientific Meeting in Washington, DC (May 11-14) and awarded Dr. Gary Naglie Best International Poster for his entry, "Longitudinal Predictors of Quality of Life in patients with Alzheimer's Disease: Results from the Canadian Alzheimer's Disease Quality of Life Study".

This is a well deserved honour and a testament to Dr. Naglie's work in this area.



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## Goldlist Credits Patients for Lessons Learned

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acknowledged some of the lessons he has learned from engaging his patients to share their own oral history, serving as reminder of the incredible wealth of non-medical knowledge patients have. One of his most memorable lessons in local history was revealed in conversation with a 95 year-old patient, who was in hospital with a fractured vertebra; as a friend of the Eaton family's chauffeur, he drove and nearly destroyed the first car in Toronto!

*"...society owes a duty of care to our older citizens...as individuals, and as a society, [we] benefit greatly from the older people in our midst."*

A full Professor within UofT's Department of Medicine, Dr. Goldlist has also served as Chief Examiner in Geriatrics, Chair of the Specialty Committee in Geriatrics of the RCPSC and as a past CGS President. His experience has also been integral to the development of the Geriatric Medicine subspecialty program; he served as the Division Director for 14 years and continues to supervise trainees and is an active member of several committees and working groups. Often cited, he has also written three books, several chapters and over 70 articles. Other awards include the Munk Award in Geriatric Medicine (Baycrest) and the Detweiler Award (RCSPC).



*Dr. Roger Wong, VP of the CGS, presents Dr. Goldlist with service award.*

Of all his tremendous accomplishments, Dr. Goldlist is most proud of his family. He finds great reward in spending time with his wife and travelling to either New York to visit his son or to Vancouver to play with his twin grandsons.

*Heartfelt congratulations, Dr. Goldlist!*

## Trainees Shine at CGS Conference

Geriatric Medicine trainees had a strong presence at this year's CGS conference.

Dr. Vincent Tsui (see insert) was accepted for a poster presentation to share his findings regarding the evaluation of geriatric outreach teams in the context of CanMEDS competencies.

His work has helped to support twelve outreach teams under the collaborative umbrella of the Regional Geriatric Program of Toronto.

Highlighted in the previous issue, Dr. Joanne Ho and Dr. Dov Gandell were both

selected to receive a CGS-Pfizer Resident Award for Excellence (see photos below). Dov also presented a poster at this year's conference, entitled "Keeping Things moving: A Systemic Review of the Treatment of Chronic Constipation in the Elderly".



## Recent Trainee Pursues ClinEpi Masters at UofT

Dr. Joanne Ho, who successfully completed her term as a Geriatric Medicine trainee in December 2010 at Sunnybrook, continues to keep busy having just passed the second stage of her Clinical Epidemiology Masters of Science at UofT's Department of Health Policy Management and Evaluation.

The Masters program provides Joanne the opportunity to further develop her research skills and apply her knowledge in a meaningful way to improve patient outcomes. Joanne has a true passion for research and when asked what inspired her to pursue this program, she mentioned that she often-times encounters interesting questions through her own clinical work and

tries to find answers by either searching the literature for previous studies or by conducting her own self-directed project. Currently, she is involved with several projects regarding drug-related adverse cardiac events on older Ontario patients.

As a CIHR Training Fellow, Dr. Ho has also been awarded funding (actual amount TBA) through the Drug Safety and Effectiveness Cross-Disciplinary Training (DSECT) Program. Successful candidates are awarded up to \$17,500 and participate in a 1-year program designed to encourage production of new knowledge and integrative critical thinking.

# Announcements

## Appointments:

In addition to clinical work, colleagues within the Division of Geriatric Medicine also serve as supervisors of rotations within the subspecialty program, preceptors for core rotations in geriatrics in other specialty programs and help to champion issues in geriatric medicine in the various capacity in which they work. Please join in congratulating your peers on their recent faculty appointments:

Associate Professor  
Dr. Shabbir Alibhai

Assistant Professor  
Dr. Frank Kormendi  
Dr. Vesna Page  
Dr. Catherine Cheung  
Dr. Mini Joshipura  
Dr. Margaret Grant



*Congratulations to Mount Sinai Hospital teams who helped to launch the Ben and Hilda Katz ACE Unit. This new unit went live on April 18, 2011 and was followed by an official opening ceremony the next week.*

## Upcoming Events

**Thursday, May 18:** "Antipsychotics in Long-Term Care" Rounds - Dr. Paula Rochon (12:00pm-1:00pm) Baycrest, rm. 2E01, Classroom ABC

**Wednesday, May 25:**

- 1) Program Committee (4:00pm-6:00pm) Sunnybrook, rm. H483  
• Scheduled as a face-to-face meeting
- 2) "New Osteoporosis Guidelines and Fracture Prevention" Rounds—Dr. Alexandra Papaioannou (12:00pm-1:00pm) St. Michael's, Paul Marshall Lecture Theatre, Grnd Floor, Queen Wing

**Friday, May 27:** Journal Club (8:00am-9:00pm) Baycrest, rm. 2A11; videoconferencing available at St. Michael's, Sunnybrook)

**Monday, May 30:** DOM Annual Education & Research Day (12:30pm start) Metropolitan Hotel

**Thursday, June 2:** "The Teaching Nursing Home" Rounds - Dr. Paul Katz (12:00pm-1:00pm) Baycrest, rm. 2E01 Classroom ABC

**Friday, June 3:** Issues in Long-Term Care Conference (7:30am-4:00pm) Baycrest, Joseph E. & Minnie Wagman Centre

**Wednesday, June 15:** Tri-University Research Day (2:30pm-6:45pm followed by dinner) Waterfront Conference Centre, Hamilton — this event is in lieu of a June Journal Club

**Thursday, June 16:** Case Presentation and Discussion - Dr. Karen D'Silva, PGY4 (12:00pm-1:00pm) Baycrest, Exton Boardroom

**Thursday, June 23:** CSIM/CAPM Abstract Deadline Submit via link posted on website: [www.csimonline.com](http://www.csimonline.com)

**Wednesday, June 29:** Executive Committee (5:30pm-6:30pm) Teleconference

**Thursday, July 8-Friday, July 9:** Geriatric Medicine Welcome Week (2-day, all day event for new and returning residents) Multi-site

Have an upcoming event or announcement that you would like to share with the division in a future issue?

Send pertinent details to:

[liis-ann.klein@sunnybrook.ca](mailto:liis-ann.klein@sunnybrook.ca)

## Faculty Profile: Ian Gary Naglie

Did you know that Dr. Naglie goes by his middle name because his older brothers had trouble pronouncing "Ian" when he was born?

Here are a few other things that you may not already know about your colleague:

*My very first job was:*

- Working in the shipping room of a women's clothing manufacturer

*Why I chose Geriatric Medicine as a subspecialty:*

- My close relationship with my grandparents taught me a love and respect for the elderly; holistic and multidisciplinary team approach to care appealed to me.

*Where I completed my training:*

- BSc and MD at McGill; GIM and Geriatric

Medicine residency at UofT; Clinical Epidemiology training at McMaster

*If I could have any career outside of Geriatric Medicine it would be:*

- An international spy

*The one gadget or piece of gear that I could not do without is:*

- My running shoes

*My tip for relaxing after a stressful day/week/month:*

- Going for a run/watching a movie with my wife/spending time in the great outdoors

*The words I live by are:*

- "Take your work very seriously, but never take yourself too seriously" (Lou Naglie, my late father—a man of few, but meaningful, words)

# Recent Faculty Publications

## [Challenges in guideline methodology.](#)

Straus SE, Shepperd S.  
J Clin Epidemiol. 2011 Apr;64(4):347-8. No abstract available. PMID:21334572 [PubMed - indexed for MEDLINE]  
[Related citations](#)

## [Moving balance and mobility evidence in to action: A primer in knowledge translation.](#)

Sibley KM, Straus SE, Webster F, Jaglal SB. Gait Posture. 2011 Apr;33(4):527-31. Epub 2011 Apr 1. PMID:21458994 [PubMed - in process]  
[Related citations](#)

## [Cost effectiveness of outpatient treatment for febrile neutropaenia in adult cancer patients.](#)

Teuffel O, Amir E, Alibhai S, Beyene J, Sung L.  
Br J Cancer. 2011 Apr 26;104(9):1377-83. Epub 2011 Apr 5. PMID:21468048 [PubMed - in process]  
[Related citations](#)

## [Interventions Encouraging The Use of Systematic Reviews by Health Policymakers and Managers: A Systematic Review.](#)

Perrier L, Mrklas K, Lavis JN, Straus SE. Implement Sci. 2011 Apr 27;6(1):43. [Epub ahead of print] PMID:21524292 [PubMed - as supplied by publisher] Free Article  
[Related citations](#)

## [Protocol: developing a conceptual framework of patient mediated knowledge translation, systematic review using a realist approach.](#)

Gagliardi AR, Légaré F, Brouwers MC, Webster F, Wiljer D, Badley E, Straus S. Implement Sci. 2011 Mar 22;6(1):25. PMID:21426573 [PubMed - in process]  
[Free full text](#) [Related citations](#)

## [How can we improve the interpretation of systematic reviews?](#)

Tricco AC, Straus SE, Moher D. BMC Med. 2011 Mar 30;9(1):31. PMID:21450084 [PubMed - in process] Free PMC Article  
[Related citations](#)

## [Androgen deprivation therapy in prostate cancer: are rising concerns leading to falling use?](#)

Krahn M, Bremner KE, Tomlinson G, Luo J, Ritvo P, Naglie G, Alibhai SM. BJU Int. 2011 Mar 31. doi: 10.1111/j.1464-410X.2011.10127.x. [Epub ahead of print] PMID:21453344 [PubMed - as supplied by publisher]  
[Related citations](#)

## [Changes in blood glucose and cholesterol levels due to androgen deprivation therapy in men with non-metastatic prostate cancer.](#)

Mohamedali HZ, Breunis H, Timilshina N, Alibhai SM.  
Can Urol Assoc J. 2011 Feb;5(1):28-32. doi: 10.5489/cuaj.09172. PMID:21470509 [PubMed - in process]  
[Free full text](#) [Related citations](#)

## [Antidepressants for agitation and psychosis in dementia.](#)

Seitz DP, Adunuri N, Gill SS, Gruneir A, Herrmann N, Rochon P.  
Cochrane Database Syst Rev. 2011 Feb 16;2:CD008191. Review. PMID:21328305 [PubMed - indexed for MEDLINE]  
[Related citations](#)

## [Knowledge translation is the use of knowledge in health care decision making.](#)

Straus SE, Tetroe JM, Graham ID.  
J Clin Epidemiol. 2011 Jan;64(1):6-10. Review. PMID:19926445 [PubMed - indexed for MEDLINE]  
[Related citations](#)

## [Usability evaluation of a clinical decision support tool for osteoporosis disease management.](#)

Kastner M, Lottridge D, Marquez C, Newton D, Straus SE.  
Implement Sci. 2010 Dec 10;5:96. PMID:21143978 [PubMed - in process]  
[Free full text](#) [Related citations](#)

## [Does this patient have delirium?: value of bedside instruments.](#)

Wong CL, Holroyd-Leduc J, Simel DL, Straus SE.  
JAMA. 2010 Aug 18;304(7):779-86. Review. PMID:20716741 [PubMed - indexed for MEDLINE] Free Article  
[Related citations](#)



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