



## DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine  
University of Toronto

September 2019

Welcome back from summer! The newsletter had an excellent long vacation but has much to tell you about this month.

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#### 1. Welcome to new faculty

We are pleased to welcome two new faculty members into our Division of PM&R.

David Langelier is joining us based at Toronto Rehab with an emphasis on cancer rehab. David completed his Doctor of Medicine and residency at University of Calgary and followed this with a one year fellowship in cancer rehabilitation at TRI under Eugene Chang. David is joining TRI, as a second cancer rehabilitation physician in our division, which will expand capacity in this area. David is appointed as Clinician Investigator in our Division, Department of Medicine. Please welcome David who can be reached at: [david.langelier@uhn.ca](mailto:david.langelier@uhn.ca).

Robert Simpson is joining us at Sunnybrook Health Sciences Centre. We welcome Robert from Scotland where he completed medical school at University of Aberdeen as well as a PhD in general practice at the Institute of Health and Well-Being at the University of Glasgow. Robert has had extensive training not only in rehabilitation but in integrative medicine, and critical care. Robert has a special interest in mindfulness and integrative medicine. He will be based at Bayview Campus, effective October 2019, focusing on acute care patients with trauma. Robert is being appointed as a Clinician Investigator in our Division, Department of Medicine. Please welcome Robert who has travelled a far distance to join us. He can be reached at: [robert.simpson@sunnybrook.ca](mailto:robert.simpson@sunnybrook.ca) in October.

#### 2. Peter Broadhurst to lead our undergraduate medical programs

We are pleased to announce that Peter Broadhurst will be taking over our division leadership for undergraduate medical education. Peter has a strong teaching record and will soon be completing his Master Teacher Program. As announced in an earlier email, he won a Peters-Boyd Academy Award for teaching. Peter will be taking over the reins of our medical student education from Julia Warden who is now leading our Clinical Competency Committee for residency. Peter will also soon be officially appointed as a Lecturer and Clinician Teacher in our Division in the Department of Medicine. Thanks to Peter, as well as congratulations on his upcoming faculty appointment. Peter can be reached at: [PeterKaas.Broadhurst@sunnybrook.ca](mailto:PeterKaas.Broadhurst@sunnybrook.ca).



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3. [Mark Bayley featured in the Toronto Star](#)

Mark Bayley was recently interviewed for the Toronto Star piece on concussions where he discussed the fact that concussions are much more common than we thought they are, especially among the very young and very old.

Mark's interview can be seen at: <https://www.thestar.com/opinion/editorials/2019/08/26/concussion-rates-are-twice-what-we-thought-and-knowing-that-is-a-good-thing.html>. We have also updated Mark's scientist profile which can be found at: <http://www.deptmedicine.utoronto.ca/node/1581>

4. [Amanda Mayo receives 2019 Quality Award from SHSC, Department of Medicine](#)

We were very pleased to hear that Amanda Mayo has been awarded the SHSC, Department of Medicine, Quality Award for 2019. In his award letter, Kevin Imrie reported, "Your work on improving handoffs, reducing harm and improving quality of care in Physical Medicine and Rehabilitation Medicine is important and worthy of recognition through this award. I am also aware of your valuable contributions to teaching in some of the QI curricula offered through the Department of Medicine and CQuIPS". This adds to our division's growing recognition as strong participants in the QI arena. Please extend congratulations to Amanda who can be reached at: [Amanda.mayo@sunnybrook.ca](mailto:Amanda.mayo@sunnybrook.ca).

5. [Kim Coros plays significant role in the Department of Medicine, education planning](#)

The Department of Medicine held an Education Planning Retreat in early September. This event was designed to review the strengths, weaknesses, and future directions of medical education within the department with the intent to inform upcoming strategic planning. Kim Coros was an active attendant and brought forward some perspectives more unique to physical medicine and rehabilitation including teachers and learners at sites distributed remotely from acute care hospitals. It is our hope that some of these ideas, including improving orientation for new teachers and leveraging technology to enhance connections across sites will be echoed by others and represented as priorities in the next strategic plan.

6. [Strategic planning process soon to ramp up](#)

For those of you who were at our June divisional retreat, we read about the many significant advances and successes our division has had over the last 5 years in response to our most recent strategic plan. We also started the discussion of what the next 5 years should look like. Thank you also to those who have responded to our divisional survey what ideas you are excited about and where you would like to participate. If you wish to respond, but haven't yet, the survey link is still open at: <https://www.surveymonkey.com/r/WYYW937>.

We just had our Department of Medicine strategic plan retreat on September 23 and 24. This will soon be providing a framework in which we can start to do our own divisional planning, fitting in the ideas that we have already generated. We will soon be contacting a number of individuals to work in small groups to develop more specific ideas for our next 5 years. If you are interested in a specific area, please let Larry Robinson know before the end of October 2019.

7. [Sivakumar Gulasingham continues establishing international presence for Paralympic work](#)

Sivakumar continues to grow in his International Sports Classification and Leadership role with International Paralympic Committee's (IPC) World Para Athletics (WPA). In his role as a Chief Classifier, he lead the 13 member strong International panel of classifiers at the Handisport Open Paris (HOP) 2019 in France and also functioned as a member of the 7 member classification panel at the 2019 World Junior Para Athletics Championships that concluded recently in Nottwil, Switzerland.



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Handisport 2019, Paris, France  
<http://www.handisport-open-paris.org/>



World Junior Para Athletics Championship 2019, Nottwil, CH  
<https://www.youtube.com/watch?v=1K13HbMhr6Q>

8. Adam Kassam takes on leadership role in OMA, PM&R Section

As many of you may know from his introductory email (enclosed) last month, Adam Kassam will be serving us as Chair of the PM&R Section for the Ontario Medical Association. Adam is well-prepared for this role having completed a Master's in Public Health from Columbia University and being active in public media. Feel free to reach out to Adam if you have questions or comments about the OMA. He will be sending us surveys and other communications from time-to-time which will be important to attend to since OMA activity which ultimately impacts the OHIP fee schedule. Please also extend thanks to David Berbrayer for his many years of Chair of the PM&R Section at the OMA.

Adam can be reached at: [ontariomedicalassociation@oma.org](mailto:ontariomedicalassociation@oma.org)

David can be reached at: [david.berbrayer@sunnybrook.ca](mailto:david.berbrayer@sunnybrook.ca)

9. Natalie Daly wins Esther & Saul Baker Award

Although this happened earlier this year, we only recently heard that Natalie Daly won the Annual Esther & Saul Baker Award for excellence during her geriatric rehabilitation rotation. This award was given in recognition of her outstanding care to geriatric patients across Mt. Sinai Hospital and UHN. Dr. Samir Sinha wrote in his letter, "Natalie, your incredible commitment to the care of the elderly was and continues to be apparent before, during and after the time you spent training with us in 2018-19. We know that you will make an outstanding physiatrist and one who will continue to champion the needs of the elderly in the work you do for years to come". This is the second one of our residents to ever win this award from the Division of Geriatrics (the first was McKyla McIntyre). Congratulations to Natalie who can be reached at: [Natalie.daly@one-mail.on.ca](mailto:Natalie.daly@one-mail.on.ca).

10. Physiatrists are now especially well-dressed

Many thanks to Ainsley Kempenaar for organizing the ordering of PM&R-specific clothing. A number of us ordered jackets, vests and other physiatric paraphernalia with our division's name and our own personal name on it. This was a great team-building event and below are photos of our residents sporting their cool new gear at academic half day.



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Larry Robinson also enjoyed his jacket although no one has accused him of being a slave to fashion in the past.

### 11. Residents enjoy cottage retreat

Each summer, the residents get to enjoy a retreat at Lisa Becker's cottage. This is a great time for all of them to connect and establish social interaction. Below, you will see a picture of them just after they spent hours reviewing the brachial plexus (or at least that's what they told us).







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### 12. Fellowship and resident graduation

Although we didn't get photographs from the photographer until after the last newsletter, we do have a nice graduation photo of our residents and fellows who attended the Department of Medicine Graduation in June. This is typically a very high quality event with a guest speaker, an official procession and music, and the awarding of graduation certificates. We know that not all of our residents can attend, but it is a great way to celebrate the end of year training if folks are here. Typically, Andrea Furlan (Fellowship Director), Lisa Becker (Resident Program Director) and Larry Robinson (DDD) attend to participate in the ceremony.



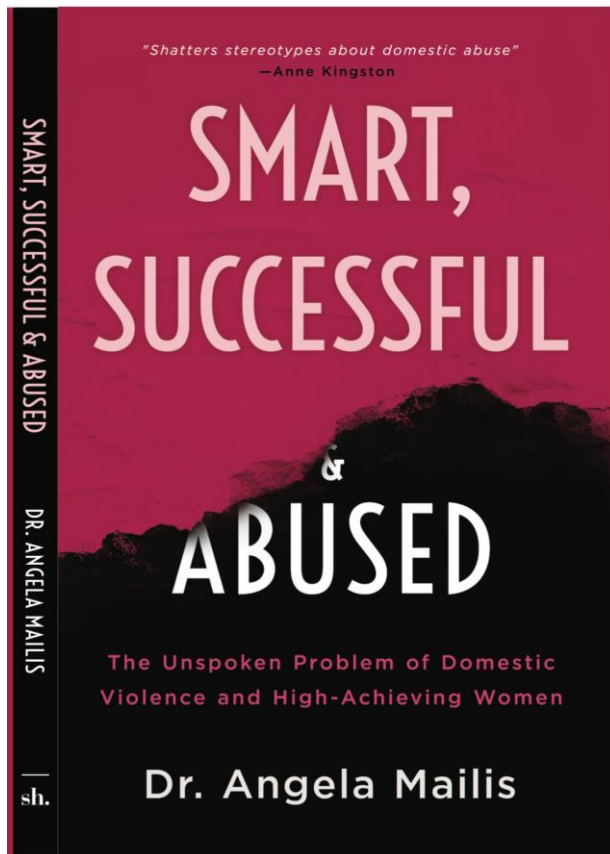
### 13. Angela Mailis launches new and important book

Although this is a sensitive subject to discuss publicly, we would like to congratulate Angela Mailis on her new book entitled, "Smart Successful and Abused; The Unspoken Problem of Domestic Violence and High-Achieving Women" which was featured prominently in Anne Kingston's Investigative Report on Domestic Violence Crisis in Canada, just published in October 2019, volume 132. Angela should be congratulated for talking about her own challenging experiences. Please join me in congratulating Angela on her new publication at: [angela.mailis@uhn.on.ca](mailto:angela.mailis@uhn.on.ca)



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14. New DeLisa's textbook features contributions from Toronto

We were pleased to see ourselves represented in the new DeLisa's Physical Medicine and Rehabilitation: Principles and Practice, 6<sup>th</sup> Edition, textbook. Larry Robinson had the pleasure of serving as one of the four editors, under the leadership of Walter Frontera. He also wrote the chapter on electrodiagnosis. We were also very pleased to see that the chronic pain chapter is now authored by Andrea Furlan, Nimish Mittal, Dinesh Kumbhare, Mario Giraldo-Prieto, and Angelis Mailis-Gagnon. (See enclosed PDF Flyer).

15. AANEM Podcast available for those stuck in traffic

We know a number of residents like to listen to Podcasts as they are driving from one site to another. There are a number of Podcasts available from the AANEM website. Larry Robinson did a recent one on, "Effect of shoulder and elbow position on ulnar nerve conduction", which emanates from the study that Kevin Hsu did under his supervision. This can be found at: <https://www.aanem.org/Education/All-Education-Products/Physician-Podcasts?fileid=3686>  
There are a number of other Podcasts on this website which may be of interest to those stuck in the car for prolonged periods at: <http://www.aanem.org/Education/All-Education-Products/Physician-Podcasts>

16. Don't miss out on the 2019 U of T, PM&R Conference

You can now register for the 2019 U of T, PM&R Conference which will occur on November 22, 2019 at the Sunnybrook Vaughan Estates, Main Ballroom. This year will focus on patients with neurological and musculoskeletal disorders. We have some excellent speakers lined up. Don't forget to use codes when registering to receive discounts. [http://torontopmrconference.com/2019/wp-content/uploads/2019/09/TPM-poster\\_Final2019\\_09.pdf](http://torontopmrconference.com/2019/wp-content/uploads/2019/09/TPM-poster_Final2019_09.pdf)



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17. Free CME Accredited Opioid Course  
We recently learned about a free online course that Andrea Furlan developed with funding from Health Canada to improve opioid prescribing by specialists. This is an RCPSC accredited course for Section 3 credits. You can register at: [www.opiodassessment.ca](http://www.opiodassessment.ca). Thank you Andrea. For any questions, please contact: [andrea.furlan@uhn.ca](mailto:andrea.furlan@uhn.ca)
  
18. RCPSC Accreditation of the Residency Program – Hold the Dates!  
Accreditors from the RCPSC will visit the University of Toronto on **Sunday, November 22 – Friday, November 27, 2020**. All faculty and residents please hold these dates in your calendars. We will advise as soon as the date for our program is finalized. **Your attendance on this day is vital to a successful review and accreditation of our program.** The dates of the mandatory pre-survey visit have also been confirmed for **Tuesday, April 28 and Wednesday, April 29, 2020**. Please hold these dates in your calendar as well. More details to follow soon from Lisa Becker and Tracia Young.
  
19. Larry Robinson learns importance of using recent photos – the hard way  
We were very pleased to recently see a highlight of our division's primer on QI in PM&R. This was highlighted on the American Board of PM&R website as well as tweeted out to the world. Unfortunately, the ABPMR had a much older photo of Larry Robinson, which he hates in part because he doesn't have a beard at that point. Lesson learned; make sure photos that are used are recent and flattering. <https://www.abpmr.org/NewsCenter/Detail/abpmr-qi-primer-robinson>

Please let me know if you have items or news to add to the Newsletter.

Please also don't forget to check out our Facebook page.

Larry Robinson MD  
Chief, Rehabilitation Services  
John and Sally Eaton Chair in Rehabilitation Science