



## FOD 2 - Diagnosing and managing frail older patients with multiple common medical conditions

<p><b>Key Features</b></p> <ul style="list-style-type: none"> <li>• This EPA focuses on demonstrating a comprehensive history and physical examination, and collaborating with other specialties or other treating physicians in the management of common medical conditions</li> <li>• This EPA also includes identifying normal aging vs disease states, interpreting labs and imaging results in context of age, and identifying the effects of multicompexity and frailty</li> <li>• This EPA includes patients with typical and atypical presentations of acute and chronic conditions</li> </ul>
<p><b>Assessment Plan</b></p> <p><b>Observation: Direct or indirect observation by supervisor</b>  <b>Collect 5 observations of achievement</b></p> <ul style="list-style-type: none"> <li>- At least 4 different case mixes</li> <li>- At least 2 direct observations</li> <li>- At least 2 settings</li> <li>- At least 3 by a geriatrician</li> </ul>
<p><b>Case presentation</b></p> <ul style="list-style-type: none"> <li>• hypertension; coronary artery disease; CHF; arrhythmia; stroke; diabetes; chronic kidney disease; anemia; Parkinson’s Disease; movement disorders; COPD; pain; osteoporosis; gout; osteoarthritis; polymyalgia rheumatica; spinal stenosis; infections; thromboembolic disease; common rheumatological conditions; other</li> </ul>
<p><b>Setting</b></p> <ul style="list-style-type: none"> <li>• inpatient consult; geriatric unit; outpatient clinic; day hospital; collaborative geriatric specialty services</li> </ul>
<p><b>Assessor</b></p> <ul style="list-style-type: none"> <li>• geriatrician; transition to practice geriatric medicine trainee</li> </ul>
<p><b>CanMEDS Milestones:</b></p> <ul style="list-style-type: none"> <li>• <b>ME 1.6 Provide evidence-informed, patient-centred care of a medical condition in the context of frailty and multicompexity and its impact on the patient</b></li> <li>• <b>ME 2.2 Perform a comprehensive physical examination tailored to the patient’s presentation</b></li> <li>• <b>ME 1.4 Perform clinical assessments that identify and differentiate between normal aging and disease states</b></li> <li>• <b>ME 2.2 Select and interpret appropriate investigations as they apply in the context of age</b></li> <li>• <b>ME 1.3 Apply clinical and biomedical sciences to manage patients with typical and atypical presentations of acute and chronic geriatric syndromes</b></li> <li>• <b>ME 2.4 Evaluate the applicability of clinical guidelines in the context of co-morbidities, aging, and patient goals</b></li> <li>• <b>ME 2.4 Develop and implement management plans in collaboration with the patient and family and the interprofessional team</b></li> <li>• <b>COM 1.1 Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion</b></li> <li>• <b>COM 3.1 Convey information related to the patient’s health status, care, and needs in a timely, honest, and transparent manner</b></li> </ul>

- COM 5.1 Document information about patients and their medical conditions in a manner that enhances interprofessional care
- COL 1.2 Consult as needed with other health care professionals, including other physicians
- COL 1.3 Communicate effectively with physicians and other health care professionals
- COL 1.3 Provide timely and necessary written information to colleagues to enable effective relationship-centred care
- **HA 1.3 Work with the patient and family to identify opportunities for disease prevention, health promotion, and health protection**